

STANSBURY SCRIBBLE

SEPTEMBER 2019

Contributions for the next issue by **25th** September to **Stansbury Foodworks Store, Joan or Chris.**

Editors: Joan Elliott and Chris Duncan

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STANSBURY PROGRESS ASSOCIATION INCORPORATED

Janette Butler, Administration Officer 88524577

Firstly, it is extremely disappointing to learn that there are vandals among us!!

In late July, 17 caravans stored in the "holding bay" on Oyster Point Drive were damaged by a person or persons unknown (at this stage!!), hopefully they will be caught and punished.

The caravans were defaced using ugly black paint which will cost thousands of dollars to repair. I hope the perpetrator(s) have deep pockets to fund the repair bills!

The owners of these vans pay an annual fee to store them here and many are used on a regular basis in our caravan parks. These people spend money in the businesses in our town on top of the fees collected by the caravan park. We certainly don't want to deter people from making Stansbury their regular holiday destination, so, if anyone has seen or heard anything in relation to this incident, please contact the local Police Station on 88524205 and have a chat to Tyler.

Let's catch 'em!!

Thank you to those members of the community who attended the Annual Electors Meeting on Monday 5th August.

This year, an election was required (the first of my tenure, so something new to me!) as there were six nominees for five positions vacant.

Returning to serve another two year term as Executive Committee members of the Stansbury Progress Association Inc. are; Steve Bowley, Ted Buttfeld, Don McPhee and Graham Newstead. Thank you all for accepting your nominations once again and welcome back! Newly elected to the Committee for a two year term is Julie Harris. Welcome Julie and thank you for volunteering your time to your Community.

Committee members with another year to serve are; Margie Dodd, Beth Faulkner, Kevin Forrest, Graham Klose and Bruce Meehan.

Sadly, Jeff Brundell has decided to call "time" on his position on the Committee. Most of you would know the massive contribution that Jeff has made to our Community over many years and I'm sure every member of our community is extremely grateful for all your efforts.

Thanks Jeff, enjoy your "retirement"!!! I know you'll still be around to help out, can't keep a good man down!!

Immediately following the Annual Elector's Meeting, a short gathering of the new Committee was held to elect a Chairperson and Vice-Chairperson.

The results of this election are, for a one year term: Don McPhee, Chairperson and Ted Buttfeld, Vice Chairperson.

And, last but not least! It's that time of year when I take some time off, so I'll see you at the end of August. "But it's September" you say! Seasoned readers will know that I've written this in early August, the 7th to be precise, before I go so it makes the September issue. Cheating huh??

Continued...

Progress News Cont..

OK, that's it from me I'm off in a couple of days so it's time to throw some (very warm) clothes in a suitcase (better throw a broly in too 'cause it's going to be very wet where I'm headed!!!). Those seasoned readers will also probably know where I'm going he he. And they'd be right!!

Recycling:

NEPRESSO: Many of you will have a Nespresso coffee pod machine at home, in your caravan or holiday home. The Visitor Centre has a recycling box for used pods. Only the Nespresso pods can be collected. The reason for this is that they are made entirely from Aluminium (unlike some other brands, apparently). You can collect your pods in any sort of container, which can be placed in the box, but when you order or purchase your next coffee pods, check out the recycling bag which is available, free of charge.

The Visitor Information Centre also has a "Planet Ark" recycling box for all your used printer cartridges.

A reminder that newspapers (dry, flat-packed and tied with string) can be placed in the covered trailer in the Tidy Towns yard adjacent to the Visitor Centre. It is important to recycle as much as we can to reduce the amount of rubbish going into landfill so if you are unable to deliver your papers to the yard please place in your yellow recycle bin.

Stansbury also has a bottle and can recycling depot "Stansbury Recycling" for all your refundable items. Alternatively, they can be placed in the "cages" dotted around town and the blue and yellow bins in the Caravan Parks, the proceeds of which are distributed to the community groups who collect them.

A limited number of the "Scribble" is printed and made available from the town businesses and the Visitor Centre. For those who prefer, it is available to read online at www.stansburysa.com or, if you miss out and don't have internet access, you can always come into the Visitor Information Centre and pick up a copy.

THIS IS IMPORTANT

PLEASE TAKE NOTE OF THE FOLLOWING:

In the event of cardiac arrest, emergency defibrillators are available in the following locations:

Foreshore Caravan Park, situated on the outside wall of the office to the left of the door.

Oyster Point Drive Caravan Park, situated on the outside wall of the small red brick building which is almost directly in front of the entrance to the park.

Stansbury Pharmacy, situated on the outside, eastern wall.

Stansbury Bowling Club, situated under the clubroom's verandah, facing the greens.

**These are automated and instructions are provided so please don't be afraid to use one.
*You could save a life!***

Contributions can be sent to us on the following, by the 25th of the month.

elliotttjn2@bigpond.com

rc.duncan@bigpond.com

progress@stansburysa.com

Visitor Information Centre & Stansbury Seaside Markets

Gabrielle Gutsche

PART TWO—Royal Adelaide Hospital (continued from last month)

If you received your Scribble via email last month, then you've already read part 2 (below) about the Royal Adelaide Hospital. However if you picked up a hardcopy of the Scribble or read it on the website, you would have missed out on the second page, so I've included it again in this month. For those of you who know Dad, he is now back in Yorketown.

RESTOCKING AND SUPPLIES

Also between the main foyer (piano player) and the eastern entrance is the Newsagency. This shop is far more than the normal newsagency—it also stocks most of the supplies that someone who packed hurriedly might have forgotten. If you are need of something—it's worth checking here first before going further afield.

Nearby is the main pharmacy where you can have prescriptions filled. If you are after a general pharmacy (non-prescription items) there is one right next to the eastern entrance.

ART, GARDENS & OUTDOOR AREAS

If you're in hospital and well enough to explore, or helping someone else to explore, I do recommend the gardens—even if it's just looking out at the windows at them all. Apparently there are more than 100,000 trees and plants, three wetland walks and more than 70 themed courtyards and sky gardens.

TRANSPORT OPTIONS

Since RAH is located on the corner of Nth Terrace and West Terrace, the free trams do provide public transport options.

However, the website is really the best place to find out more in regards to drop off points, disabled parking, parking fees, taxi, bus, train, tram and bicycle options.

FURTHER INFORMATION

Further information is available on the RAH website. I've written about my experience, but your needs might be different—so it's worth looking at the website ie. childcare facilities, playgrounds, TV entertainment packages, banking facilities, dental clinic (and more).

- Go to the main link (below)
- Then click on 'Patients & Visitors',
- and then 'Coming to/visiting hospital'.

<https://www.rah.sa.gov.au/>

If you are not confident accessing the internet or websites, please come and see me at the Visitor Centre and I can set you up on the laptop, will do my best to look up the information for you, or print you a map.

ROYAL ADELAIDE HOSPITAL—3RD LEVEL—





Lions Club of Stansbury Dalrymple

Don't be too late!

Tickets selling fast for the Rock 'n' Roll Night
2nd November, in the Stansbury Institute.

Over half the tickets have already been sold, so please contact
Jan Thompson on 0414315769 as soon as
possible to reserve your ticket(s) as numbers are strictly
limited.

You are guaranteed a great night of music dancing and
superb supper.



The new mobile community catering trailer has arrived and will make its debut appearance at
Stansbury for the first Seaside Market on the 5th October. It has already had a trial at the Harry But-
ler Centenary celebrations and the donuts from the new trailer taste just as good as before.

If you are up at the Paskeville Field Days, come along to our food outlet where we are selling fish and
chips and other seafood. It will be a busy three days if past years are any indication but the food is
good – even if all the workers smell of fish and chips at the end of each day!

As yet there has been no further information on the skin cancer screening bus visiting
Stansbury but keep looking for advertising when a date is fixed.



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Stansbury Inter-Church Association Inc.

An invitation is extended for all to join us at the Community Church in a combined Service with local Churches to support our Pastoral Care Worker - Di Nankivell at the Stansbury Primary School. Commencing at 10.30 a.m.



ST. AUGUSTINES ANGLICAN CHURCH

WORSHIP TIMES FOR SEPTEMBER 2019

1st	Rev'd. A Lang	HC	11.15 a.m.
15th	At Community Church ***10.30 a.m.**		
	Shared Service with local Churches		
19th	Elanora - Rev'd. A Lang		1.30 p.m.
29th	St. Christophers at Curramulka		
	Service at 11 a.m, followed by pooled lunch in Curramulka Community Club Rooms		



STANSBURY UNITING CHURCH

WORSHIP TIMES SEPTEMBER 2019

1st	Rev.Ted White	11.00 am
8th	Peter Bilney H/C	11.00 am
15th	Combined Service at Community Church 10:30 am	
22nd	Combined Service Minlaton	
	Ted White	10.00 am
	Elanora Service	6.30 PM
29th	Meg Bilney	11.00 am

Where God guides, God provides

MEALS ON WHEELS: Please swap with someone else if you cannot do your allocated day

Mon	2 Margaret Payne & Marg Farrow	16 Janet & Margaret Jolly	30 Val Caldow & Jeanette Canton
Tues	3 June Faulkner & Rosalie Searle	17 Alison Buttfield & Rose Vince	
Wed	4 Kathy & Reg Ricketts	18 Helen & John Davis	
Thurs	5 Kathie Watkins & Jenny Klose	19 Shirley & John Monaghan	
Fri	6 Anne Longbottom & Jenny Ford	20 Rob Smith & Clint Roberts	
Mon	9 Beth & Don Faulkner	23 Linda & Ian Perry	
Tues	10 Faye Ballantyne & Yvonne Welsh	24 Neil White & Don Faulkner	
Wed	11 Chris & Ron Duncan	25 Pauline Jung & Dawn Smith	
Thurs	12 Marg Johnson & Jan Thompson	26 Janet & Margaret Jolly	
Fri	13 Allan & Jeanette Canton	27 Norma Watson & Vonnie Faulkner	

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Sep	5th	10:00 am	Line Dancing (every Thursday)
	6th	1:00 pm	Senior Cit's Cards and 8-Ball (every Friday)
	7th	1:00 pm	Line Dancing (every Saturday)
	2nd	10:45 am	Chi Kung (Qi Gong) (every Monday)
	3rd	9:30 am	Clem's Shed (Tuesdays and Thursdays) Yorketown
	3rd	10:00 am	Table Tennis (every Tuesday)
	4th	9:00 am	Women's Group Fitness (every Wednesday)
	4th	9:30 am	Community Craft and Friendship (every Wednesday)
	4th	1:00 pm	Cards and 8-Ball at Pioneer Hall (every Wednesday)
	12th	13:30 hrs	Stansbury R.S.L. Meeting
	13th	noon	Senior Cit's Luncheon
	17th	10:00 am	In-Betweens outing to Yvonne & David Slater

****Please read articles for more information****

CHI KUNG (QI GONG)

Chi Kung is a gentle form of energy practice. It is a beautiful flowing combination of movements and breathing techniques that stimulate energy flow and help promote your natural resiliency to stress and illness.

Monday mornings, **except public holidays**. Registration at 10.45am and gentle Qigong exercises commence at 11am. All welcome, wear loose, comfy clothes. Cost is \$2.00.

Please note that we are not a professional organization, rather a "Young at Heart" group encouraging others to participate in gentle exercise.

Chi Kung is held in the Institute supper room, entry via the side nearest the Post Office. Enquiries to Carrol 0409094009.

STANSBURY COMMUNITY CHURCH

CHURCH SERVICES & SUNDAY SCHOOL

The speakers at our Church services for September 2019

1st - 10.00 Tea, coffee, cordial & biscuits

- 10.30 Peter Agnew

8th - " Robert Anderson

15th - " Stansbury Interchurch Association

SIA will have a School Ministry Group Pastoral Care Worker (Di Nankivell) Combined Support Service in the Community Church followed by a light luncheon. All welcome.

22nd Peter Agnew

29th DVD

SUNDAY SCHOOL - Every Sunday for Primary School age children.

COMMUNITY CRAFT & DROP-IN

Every Wednesday from 9.30 -11.30 a.m. All ladies welcome.

Contact Robert and Lynne Anderson (08 88524327), or Peter Agnew (0409090764), or Iain and Christina McQueen (88524041) CRAFT Marion Agnew (0439524321) Or send to P.O. Box 18, Stansbury, S.A. 5582.

COMMUNITY CRAFT & FRIENDSHIP

Our Applique class has produced some lovely work during August and we have gathered all our squares for our 2019 Quilt. We look forward to seeing it completed and unveiled at our Christmas meeting.

We are aiming to welcome spring with some outdoor craft in our gardens during September. On the 4th we will have a plant swap table, and as plant stall to raise funds for our Compassion sponsored girl Angel Mae. (She turned 4 last month and her support has been consistent and encouraging. Thanks Girls!). We will also have a guest speaker, Anne Williams to talk to us about native plants we can have in our gardens that attract native birds. NOT PIGEONS! Our pergamano demonstration has been deferred until later, but on Sept 25th, the Yorketown Garden Centre will be attending and showing us how to make Kokodama balls—dirt wrapped in string, with easy care plants protruding (Lynne's translation). Wayne will have all the goods available to purchase after the demonstration, including some suitable plants.

So if you'd like some new tips, or encouragement to get out in your gardens feel free to join us.....any Wednesday morning 9.30-11.30.

SENIOR CITIZENS NEWS

by Cynthia Morony

Our next luncheon will be on Friday 13th September. Please put your name on the list in the Pioneer Hall before 10th September. Elanora Lifestyle Group will be using the hall on Wednesday, 11th September, so usual facilities will not be available that day.

Please note that subscriptions for 2019/2020 are now due.

The following activities are not just for Senior Citizens – everyone is welcome. Cost \$2.00

TABLE TENNIS

Every Tuesday 10.00 a.m.

CARDS & 8-BALL

Every Wednesday and Friday at 1.00 p.m.

LINE DANCING

Thursdays: 10.00 a.m. until 11.30 a.m.

Saturdays : 1.00 p.m. until 4.00 p.m.

All of these activities are held in the Pioneer Hall, Pioneer Street.

STANSBURY MUSEUM By Ann Brown

Hopefully we will soon have some warmer weather coming all the garden flowers already think its Spring even the tulips are confused. Next month will be the start of the 2019-2020 Seaside Market Season the last 6 months have just raced by. The Stansbury Museum Market team have preparations well under way for our first Seaside Market on Saturday 5th October. We hope that you will all come and sample our Stansbury Museum Egg & Bacon sandwiches at the Museum Food Stall at the Market. Our Coffee is only \$1.00.

LAST MONTH'S QUIZ QUESTION;

I know a word, 6 letters it contains. Remove one letter and twelve remains What am I ?

LAST MONTH'S ANSWER;

Dozens.

TOWN LORE;

In our History Room at the Stansbury Museum we have an exhibit which catches both children's and adults attention whenever they visit our Museum. It is a working, wind up No. 1095 Columbia Gramophone, and has records that can be played on it. This gramophone was purchased by the Mother's Club and donated to the Stansbury Primary School to be used for Dance classes, When Stansbury held its Centenary in 1973 one of the town ladies set up our History Room as a classroom and she borrowed the gramophone for the display.

The Phonograph, a cylinder shaped device for the mechanical recording and reproduction of sound was invented in 1877 by Thomas Alva Edison. On December 4th 1877 he succeeded in recording and playing back his voice, he recited the nursery rhyme " Mary had a little Lamb." He initially used tinfoil over a grooved metal cylinder. Gramophones read the sound with a small needle which fits into the groove of the disc (record).

The Columbia Gramophone Company was originally founded 1887 in the United States by Edward D. Easton. In the 1890's Emile Berliner was the first inventor to initiate the transition from phonograph cylinders to flat discs with a spiral groove running from the edge to near the centre, thus coining the term gramophone for disc record player. The needle was attached to a diaphragm which was attached to a horn- the vibrations were transmitted to the diaphragm which vibrated creating sound. The first discs were made from Shellac, in the 1940's Polyvinyl Chloride was used. Since then they have been called vinyl records or just vinyls. Gramophone records were the primary technology used for personal music reproduction for most of the 20th century. Vinyl records had the largest market share, even when new formats were marketed, the Compact Cassette. By the 1980's Digital Media- the Compact Disc took over and by 1991 vinyl records lost popularity and disappeared from the market place, however they never went out of production. In the early 21st century – 2014, 9.2 million vinyl records were sold in the United States. From 2009-2014 sales in the United Kingdom increased five fold. CD record shops have gone out of business. As of 2017 there are 48 vinyl record pressing facilities world wide, 18 in the United States, 30 in other countries. The increased popularity has caused the production of new modern record –pressing machines. Records are described by their diameter, the rotational speed in revolutions per minute that they are played and their time capacity is determined by the diameter and speed, their productive quality (level of fidelity) and the number of audio channels used.

A vinyl record can last for centuries if it is cared for correctly. The Columbia Gramophone Company began in the United States in 1911. In 1917 the United kingdom branch split from the parent company and became one of the earliest independent companies in the United Kingdom.. In 1922 it became EMI. The term "put a sock in it" is thought to have originated in the gramophone era as there was no volume control on the machine. If it was too loud you would be told "put a sock in it."

THIS MONTH'S RIDDLE;

Who spends the day at the window; goes to the table for meals, and hides at night?

OPENING HOURS FOR THE STANSBURY MUSEUM;

WEDNESDAY 2-4 P.M. SUNDAY 2-4 P.M.

All other times by Appointment Phone Susan Hanrahan 0408142875 or Lee Wilson 0438138907.

STANSBURY INSTITUTE MANAGEMENT COMMITTEE

At the Annual General Meeting held on the 27th August, all the officers and committee members were returned to their previous positions. We also pass our sympathies to the family of Ken Osterstock. Ken was our patron and a valued committee member for many years.

CHAIRPERSON ANNUAL REPORT 2018 -2019

This has been a very quiet year as far as meetings were concerned as there have not been many items to be addressed. Unfortunately, due to ill health, Kevin and Glenys O'Shaughnessy, decided to retire as caretakers after 10 years of service. Thank you both for your commitment to the Institute over that time. Rosalie Trezise was appointed as the new caretaker, beginning on 1st of April 2019. The Committee decided that instead of paying an honorarium, as it had done with previous caretakers, an hourly rate would be paid.

In January, we had a break-in that required attendance by the police. Fortunately nothing was taken, but a reasonable amount of damage was done to an exit door that was jemmied open to allow access. It was necessary to repair the door and frame, as well as install a new lock. Fortunately this was covered by Yorke Peninsula Council insurance. Local tradespeople have done maintenance on the supper room door, catch to the kitchen screen door and the barge board on the back door porch. We received our \$2,000 annual grant from Yorke Peninsula Council. Extra kitchen equipment has been purchased. These include mugs, drinking glasses, cooking utensils, baking dishes and an upgraded first aid kit.

It is pleasing to know that this year has been our busiest with bookings. These have included a wedding, also the Community Church for services and Craft, (while their church made repairs), a rock and roll night, junior disco, luncheons, Crows football dinner, fire and first aid training sessions, pop-up shop, school concert, Community Carols, family reunion, line dancers and the Federal election. All of these bookings are mainly one off bookings and we also have our regular ones. Those include the weekly visits by doctors from Yorketown and Minlaton, plus classes for aerobics, yoga, tai chi, and monthly meetings. The Institute was booked 210 times, not including the doctor's visits, over the past 12 months, which is very rewarding and shows the need to keep our local Institutes available for all to use.

Thank you to Stansbury Progress Association, the Yorke Peninsula Council and Tidy Towns Group, and the Institute Committee members for their continued support and commitment to the Institute.

Carrol Roberts

26th August 2019

IN-BETWEENS/ TAI CHI GROUP

Our July outing to the Bublacowie Museum was enjoyed by 38 members. We were given a short talk on the history of the museum and a guided tour by Chris Soar. There was time afterwards to wander around the exhibits with many amazed at the many added features since our last visit. Following our visit we went to the Yorke Hotel for lunch.

Our next outing on **TUESDAY 17TH SEPTEMBER** will be to visit Yvonne and David Slater home, to see the garden and their various collections. Those wishing to car pool to be at the **INSTITUTE at 10.00 AM. LUNCH WILL BE PROVIDED** for a donation with all monies to be donated to **THE ROYAL FLYING DOCTOR SERVICE**. For catering purposes please contact **MARGARET on 8852 5200 or CARROL on 0409 094 009** before **THURSDAY 12TH SEPTEMBER. ALL WELCOME.**

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Monday, Tuesday, Wednesday:	9.00 am – 5.30 pm
Thursday:	9.00 am – 2.00 pm
Friday:	9.00 am – 5.30 pm
Saturday :	CLOSED
Sunday:	CLOSED

September 2019

(01/09/2019-30/09/2019 or while stocks last)

Otrivin Adult Nasal Spray 10ml \$9.99	Nat/Way Kids Smart Gummies Multi 60 \$9.99
Caltrate Bone & Muscle Health 100 \$12.99	Centrum Advance 50+ 100 \$18.99
Head & Shoulders S/Poo/Cond clinical Bal	Palmolive Nat S/Poo & Cond 350ml \$3.49
Dove Beauty Bar original 100g .99c	Cold Powder Regular Wash Powder 1kg \$4.99
Redwin Sorbolene Moist Vit E 1L \$5.99	Poise Pad Super 14 \$4.99
Depend Real fit Women Med 8 \$12.99	Flo Sinus Care Kit 12 Sachets \$7.99
Ease A Cold Cough, Col & flu D/N 24 \$12.99	APH Glucose + E/Lytes Sachets 10 \$7.99
Ponstan 250mg 20 Caps \$7.99	De Gas 100mg 48 caps \$8.99
Durotuss Cough Expectorant 200ml \$12.99	Centrum Kids Strawberry 60 Tabs \$9.95
De Gas 100mg 24 Caps \$5.99	APH Paracetamol 500mg Blister 100 Tabs \$1.99
APH Osteo Relief 665mg Blister 96 \$5.99	APH Saline Nasal Spray 30ml \$5.99

Please note we will be open again on Saturday mornings commencing October long weekend (October 5th).